

# The TH sound, a greeting conversation, and clean word endings

Complete handout from today's class. Three exercises in one session.

## 1. The TH sound

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One of the hardest sounds for Portuguese speakers because it doesn't exist in your native language.

**The technique:** flatten your tongue, bite it gently (don't stick it out), and blow. Don't try to make a sound. The sound appears by itself.

**Self-check:** put your hand in front of your mouth and say "thanks". You should feel a small puff of air. If you don't feel air, you're using your voice instead of letting the air do the work.

thanks

thing

that

## 2. Greeting conversation

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The pattern Kim ran with you in class. Memorize the rhythm.

**A:** Hello.

**B:** Hello.

**A:** How are you?

**B:** I'm fine. And you?

**A:** I'm good. Thank you.

**A:** How old are you?

**B:** I am 49 years old. And you?

**A:** I am 65 years old.

**B:** It's nice to meet you.

**A:** Bye-bye.

#### Variations to internalize:

- **I'm good · I'm fine · I'm great** — all valid for "How are you?"
- **How about you?** and **And you?** — both bounce the question back
- **Nice to meet you · It's nice to meet you** — closing the introduction

### 3. Word endings (bonus for tomorrow)

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Portuguese speakers add a soft "E" sound after consonants. English doesn't. Cut the sound at the consonant.

**The rule:** when a word ends in a consonant, stop the sound there. Don't release a vowel after.

#### 5 words from today's drill:

nine

time

make

cake

bake

#### 10 words to add tomorrow:

five

home

like

name

take

phone

smile

drive

life

white

### How to practice (4 techniques)

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**1 · Record yourself.** Phone voice recorder. Say each word twice. Play back. If you hear an "E", repeat.

**2 · Hand on the throat.** Feel the vibration stop at the consonant. If it continues, you're adding the vowel.

**3 · Mirror practice.** Watch your mouth close at the end of the consonant.

**4 · Daily reps.** 10 repetitions of each word every morning for one week.